

February 2019

Sunday		Tuesday		Wednesday		Thursday		Friday		Saturday	
27	28 January	29 January	30 January	31 January	1	2	3	4	5	6	7
					Strength/Speed/Agility In season 7-12 B/G 7am-8am Out of season 7/12 B/G 3:30pm - 5:15pm						
3	4	5	6	7	8	9	10	11	12	13	14
	Strength/Speed/Agility 7-12 HS Girls 6am-7am 7-12 HS Boys 7am-8am 7-12 Out of season 3:30pm - 5:15pm		Late Start Out of Season 9-12 B/G 8am-9am 7-8 B/G 9am-10am In season HS BBB 3:30-4:20 HS GBB 5:10-5:50		Strength/Speed/Agility Out of season 7/12 B/G 3:30pm - 5:30pm						
10	11	12	13	14	15	16	17	18	19	20	21
	Strength/Speed/Agility In season 7-12 B/G 7am-8am Out of season 7/12 B/G 3:30pm - 5:30pm		Strength/Speed/Agility In season 7-12 B/G 7am-8am Out of season 7/12 B/G 3:30pm - 5:30pm		Out of season 7/12 B/G 3:30pm - 5:30pm						
17	18	19	20	21	22	23	24	25	26	27	28
	Strength/Speed/Agility In season 7-12 B/G 7am-8am Out of season 7/12 B/G 3:30pm - 5:30pm		Strength/Speed/Agility In season 7-12 B/G 7am-8am Out of season 7/12 B/G 3:30pm - 5:30pm		Out of season 7/12 B/G 3:30pm - 5:30pm						
24	25	26	27	28	1 March	2	3	4	5	6	7
	Strength/Speed/Agility In season 7-12 B/G 7am-8am Out of season 7/12 B/G 3:30pm - 5:30pm		Strength/Speed/Agility In season 7-12 B/G 7am-8am Out of season 7/12 B/G 3:30pm - 5:30pm		No School						