

# SOUTH HAMILTON COMMUNITY SCHOOLS

Ken Howard, Superintendent

www.s-hamilton.k12.ia.us 515-827-5418

March 2017



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## *From The Superintendent...*

In this age of limited school funding support from the state of Iowa, educational leaders are continually looking for a ways to reduce costs and/or expand subsidies to maintain programming, staff, and resources. The 1.1% increase in state funding the South Hamilton Schools will see for the FY18 budget year equates to just over \$45,000. This inadequate percentage of budgetary growth will not cover the expected increases in annual costs, let alone the district's desire to move forward with any new and innovative instructional prospects. In addition, as a fiscally concerned school leader and local patron I do not care to reach out to our local taxpayers and ask for more of their hard earned personal finances by continuing to raise levy rates. Thus, when opportunities like Senate Study Bill 1124 are deliberated I feel the need to call on our patrons to personally advocate for fiscal equity and changes in state funding that may alleviate some pressure on South Hamilton's district coffers.

Initial advocacy efforts produced tremendous results as the transportation equity issue has taken form and passed out of a Senate Education subcommittee. The full Senate Education committee will vote on Senate Study Bill (SSB) 1124 next week. It will then be sent over to the House for their consideration. Our voices must continue to be heard and any time you take to speak to our legislators about this issue would be appreciated and signify that this is a priority as schools across the state struggle to keep their budgetary heads above water.

Details of SSB 1124:

### Transportation Cost Per Pupil Equity

- Creates supplementary weighting to offset the cost of transportation costs per pupil to help equalize the amount of per pupil funding each district is able to spend in the classroom versus just getting kids to school.
- The supplementary weighting will be phased in equally over 10 years beginning in FY 2018 and will be calculated using the following factors:
- The three year average of costs incurred for the transportation of students as required under Chapter 285, excluding those paid from PPEL and SAVE, at a 90 percent factoring.
- The district's budget enrollment at a 5 percent factoring.
- The district's route miles at a 5 percent factoring.
- Requires that funding received for the transportation supplementary weighting can only be used for transportation costs incurred in providing mandatory transportation.

Under the provisions of regular school aid formula review, this language will be reviewed after three years and every five years thereafter to provide an opportunity to adjust the formula as necessary

The contact information for area state legislators can be found at:

<https://www.legis.iowa.gov/legislators/find>



## 7-12 School Counselor *Lindsay Gelder*

### IOWA ASSESSMENTS

Each year students in Iowa take the Iowa Assessments, an array of standardized tests that measure your student's abilities in Reading, Language Arts, Math, Science, and Social Studies. The Iowa Assessments help determine how students are performing on the state curriculum as described in the Iowa Core. They measure student growth and progress from year to year. The Iowa Assessments help teachers identify student's strengths and identify areas that may need additional emphasis. The assessments produce information that enable sound decision-making and provide a focus for teachers to evaluate their instruction. Iowa Assessment scores provide information on your child's performance relative to their school, the state of Iowa, and the nation. Iowa Assessments in grades 8 and 11 are reported to the state of Iowa Department of Education for proficiency. Scores in Reading, Math, and Science at grade 11 are used to determine eligibility for students to enroll in concurrent enrollment courses through Iowa Central Community College senior year.

### THE ACT

Two dates remain for this current school year's ACT testing for 4-year college-bound students. Registration deadlines are March 3rd and May 5th for the respective test dates on April 8th and June 10th; students register online at [www.act-student.org/start](http://www.act-student.org/start). South Hamilton's School Code: 162-215.

These spring test dates are excellent opportunities for juniors to take the ACT for the first or second time. This gives them a great advantage going into their senior year having already taken the ACT or being able to re-take the ACT test early or begin the application process towards colleges in the fall. Our goal is for all seniors to apply to colleges by November 1st and being accepted early sets students up for more housing and scholarships opportunities. Students that wish to take ENG-105 and ENG-106 with Mrs. Pulis this fall or spring must have an 18 on the reading portion of the ACT to meet mandatory placement scores.

### THE SAT

Another option for students that need an admissions test to get into a four year college or university is the SAT. Starting with the March 5th test date, the SAT has been redesigned and is more comparable to the ACT in that it is measuring student content knowledge. This test assesses skills in reading, writing, and math, and will look more like the work you will do in classes. There will be no penalty for wrong answers and the essay is optional. In addition, the SAT provides free college planning resources, and connects students to scholarships and aid to help pay for college. Students may register at [sat.org/register](http://sat.org/register)

### FSA ID and FINANCIAL AID FORM

College bound students must complete the FAFSA (Free Application for Federal student Aid) in order to qualify for financial aid for the 2017-2018 school year. Student and one parent must both have IDs (to complete the form online), which are created through <https://fsaid.ed.gov/npas/index.htm>. Each individual college establishes a due date for this form; most schools have deadlines between March 1st and April 15th. The FAFSA form is available online at [www.FAFSA.ed.gov](http://www.FAFSA.ed.gov).

### SCHOLARSHIPS

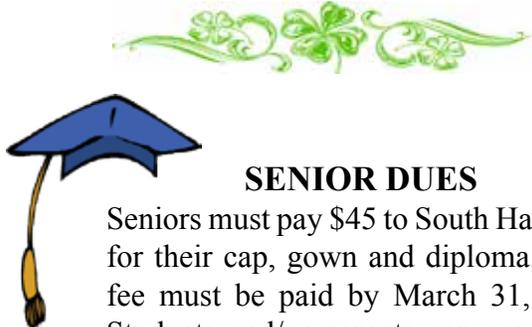
Each week the counseling department receives new information to update scholarships, which are posted on the guidance website. Seniors should be checking the site weekly for updates. If a form still has last year's date (or older), we have not received new information yet or the scholarship is not being offered. Local scholarships are updated and the deadline is April 17th.

### MARCH CHECKLIST FOR SENIORS

- If you haven't done so already, complete your FAFSA.
- Watch for your Student Aid Report (SAR). Check that it lists all the colleges you have applied to.
- Be prepared to submit a copy of your federal tax forms to colleges you have applied to.
- Find out from colleges if you need to submit any additional financial aid verification forms.
- Ask your school counselor about local scholarships.

### MARCH CHECKLIST FOR JUNIORS

- Attend college and financial aid fairs, and schedule college visits.
- Talk with your counselor about taking college-level courses next year.
- Register for the April or June ACT Test or May and June SAT.



### SENIOR DUES

Seniors must pay \$45 to South Hamilton for their cap, gown and diploma. This fee must be paid by March 31, 2017. Students and/or parents can pay either cash or check at the main office.

## REGISTRATION

Registration for the 2017-18 school year will be completed in seminar classes the week of March 20th. The course planning guide is available to view online. Students that wish to take a FlexNet course this fall must also enroll online with Mrs. Gelder.

To prepare for registration, I recommend the following: Complete yearly guideway and review four-year plans through [www.Ihaveaplaniowa.org](http://www.Ihaveaplaniowa.org)

1. Look at the course offering book online on the South Hamilton website under K-12 Guidance and TAG to read descriptions and options for courses.
2. Those interested in college courses must attend a meeting (with a parent) to learn the expectations for taking college courses as well as possible benefits and consequences. Kelly Wirtz, director of ICCC in Webster City, will be here to present. The meeting will be held Tuesday, April 12th at 6:00 in the auditorium at the High School.
3. Visit with teachers to get recommendations for courses
4. Sophomores and Juniors visit [www.transferiniowa.org](http://www.transferiniowa.org) to see how Iowa Central classes transfer to Iowa, Iowa State, and Northern Iowa.
5. Know how to log-in to Infinite Campus portal.

## COLLEGE PLANNING AND FINANCIAL AID MEETINGS

The Iowa College Access Network will be here to present to sophomores and juniors on Wednesday, April 19th in the auditorium.

College Planning information will be presented for sophomores and juniors that did not attend the meeting in October starting at 5:30 p.m.

Financial Aid presentation- juniors and parents are invited to hear about the different options for paying for college starting at 6:30 p.m.

Both presentations will last an hour.

## MANDATORY IOWA CENTRAL MEETINGS

ANY student that wishes to enroll in ANY Iowa Central College Course in the 2017-18 school year, should plan on attending an informational meeting with Iowa Central's Webster City Campus Director, Kelly Wirtz. This meeting will occur on Monday, May 1st at 6:00 p.m. in the auditorium. Students and one parent should come with a writing utensil even if he or she has attended in the past. If this date does not work for you, please contact Mrs. Gelder at [Lindsay\\_gelder@s-hamilton.k12.ia.us](mailto:Lindsay_gelder@s-hamilton.k12.ia.us) to set up other arrangements.

## FEBRUARY STUDENTS OF THE MONTH

February Students of the month enjoyed an ice cream social and received their certificates. Dairy Queen has graciously donated a 10 inch ice cream cake for our students each month! Thank you, Dairy Queen!

## MARCH STUDENTS OF THE MONTH

Family and Consumer Science- **Jasmine Hyland** is Mrs. Thelke's nomination for her hard work and positive, helpful attitude in Child Development.

Fine Arts- **Gabe Rueger** was nominated by Ms. Gibbs for his leadership and musicianship in Band.

Student Services- **Danelle Swenson** has been selected for her dedication to her courses and the positivity she has taken towards planning for her future.

**Jesus Soto-Gonzalez** has been selected by Ms. Engels for his hard work and persistence in Physics.

The Spanish student of the month is **Karlie Busch**. Karlie is focused and conscientious in Spanish II and will provide help to those in need.

Language Arts- **Connor Higgins** has been selected for going above and beyond the reading curriculum. He has a passion for reading and that Ms. Gray appreciates.

The Social Studies department has selected **Autymn Olson** for this month. Her presentation on the United States and Canadian Governments was tremendous.

Math- Mr. Galetich has nominated **Jessica Burkhart** for her hard work and exemplary test scores.

Student Success Center's nomination for month is **Matthew Dryer**. Matthew is kind and gracious, humble and honest. He works hard at completing his high school credits. He has overcome some obstacles and doesn't stop trying.

Physical Education and Health- **Gaige Pickering** demonstrates the qualities of good sportsmanship- fairness, graciousness, and respect.

Achievement- **Paxton Wicks** was accepted into the University of Iowa Early Nursing Program for the fall of 2017. This rigorous program only accepts 72 students each year out of a large pool of applicants. We are so proud of Paxton and look forward to her future accomplishments.

**NEWS FROM THE  
ATHLETIC DEPARTMENT**

**Todd Coy, Athletic Director**

**PRIDE BASKETBALL TOURNAMENT** - March 4  
Reminder, the Pride Basketball Tournament will be held on Saturday, March 4th in the High School, Elementary, Randall, and Ellsworth Gyms.

**THANK YOU**

**Winter Sports Season Volunteers**

**Basketball Clock Operator** – Darrell Paulsen

**Official Score Book Girls/Boys Basketball**- Steph Nicholson, Austin Heeren, and Mike Grove

**Wrestling Announcer** - Clark Vold

**Wrestling Clock Operator** - Earl Vold

As well as the South High Pride Booster Club Members.

A big thank you to the South Hamilton Pep Band, under the direction of Ms. Alexa Gibbs, for creating a great atmosphere at this winter's athletic events. Great job and very much appreciated.

Thank you to the South Hamilton Dance Team, under the direction of Steph Vierkandt, for the many outstanding halftime performances this winter.

Thank you to Mr. Wintermote and his Media Class for live streaming athletic events.

Thank you to the many concession stand volunteers and ticket takers this winter.

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**PROM - April 22, 2017**

Plans for Prom 2017 are underway. If any community group, business, or individual would like to donate a "give-away" item or money to help make the drug/alcohol free event be even more successful, you may bring your contribution to the high school or mail to:



South Hamilton High School  
Attn. Rusty Wintermote  
315 Division St.  
Jewell, IA 50130

Your past support has always been appreciated and a big thank you in advance for your help in making Prom 2017 a big success.

**SCHOLARSHIPS  
&  
ACADEMIC AWARDS**

The South Hamilton Education Foundation provides scholarships and academic merit awards each year.

You can support this effort in three ways:

1. Donate to the Foundation Scholarship Fund (Any dollar amount).
2. Endowing one of the Academic Merit Awards for several years (\$150 or more).
3. Funding one of the Academic Merit Awards each year (\$150 or more).

Please contact 515-827-5479  
(The District Office – Marcia Granzow)  
for more information or to make a donation.

Donations are tax deductible.

**DAYLIGHT SAVINGS TIME BEGINS!  
SUNDAY, MARCH 13TH**



Remember to set your clocks ahead one hour at midnight on Saturday, March 11th, as daylight saving time begins the second Sunday in March.

**LATE START**

Wednesday, March 1st is a 2-hour late start for Teacher Professional Development.

**NO SCHOOL**

Spring Break - March 13th through March 17th

## SCHOOL CLOSING ANNOUNCEMENTS

Any decision to change the school schedule due to inclement weather will be made as early as possible. When it is necessary to cancel school or delay the start of the school day, media outlets will be directly contacted. Once a decision has been made to delay, dismiss early or cancel school, the following radio and television stations will be contacted:

Radio: WHO (1040 AM), TV: WHO (Channel 13),  
KJYL (100.7 FM), KCCI (Channel 8),  
KQWC (1570 AM, 95.7 FM) WOI (Channel 5)

When school is delayed, it is important for one to continue listening/watching the above media sources for any further updates. Announcements will also be posted on the school website: [www.s-hamilton.k12.ia.us](http://www.s-hamilton.k12.ia.us) and sent out via Infinite Campus. Parents: If you have not yet registered for your parent portal account, please do so before winter weather settles in. This is important, as the school district will utilize the Messenger feature to send out text messages and emails regarding weather announcements. If you have any questions about your parent portal account, please contact the school.

## CREATIVE WRITING AWARD



Congratulations to Ethen Keidel, a junior at South Hamilton High School for being selected as a first place winner in the Creative Writing Contest sponsored by the Boone-Story Reading Council. Ethen submitted his short story Friendship's Curse.

*A voice called from within the room.*

*Saeda froze. She waited, and finally, she inched up from her pillow. The shadows twisted and coiled before her, mingling and re-configuring until they formed a figure. A head of wires. Feet of knives. A malicious stare strangled her eyes. The creature held the shape of a dog. Features like eyes, teeth, and legs existed, but they all shifted and ran together like ink... "Don't trust anyone else. I am the only friend you'll ever need." The shadowy thing brushed her skin. She began to cry because she knew it was right.*

Ethen will be recognized at a reception in Nevada, Iowa, on April 20, 2017. He will receive a certificate of achievement as well as a monetary gift. His short story will then be entered into the state level contest. First place state winners will be honored at the Iowa

## SCHOOL NURSE NEWS

Vicki Olthoff

Kindergarten Roundup: All the info you will need is included in the folders you get that night. Blank dental screen & vision screen certificates are there to take with you to your appointments. There will be information on guidelines we use for illness, etc.

New vaccine requirement: Please check out the webpage (under From the Nurse) for details on the 7th grade and 12 grade meningococcal vaccine requirements that go into effect THIS FALL! The most important thing to note is THERE WILL BE NO GRACE PERIOD ALLOWED FOR THIS, BY LAW...that means if your child isn't compliant (with either evidence of the vaccine given or a notarized exemption waiver) by the first day of school, your child cannot attend. Keep in mind that all incoming 7th graders ALSO need the Tdap booster by the first day of school. At this writing, only 14 of the 48 students are now compliant. Hamilton County Public Health is planning on doing a school-based clinic for those who qualify TO BE ANNOUNCED. As soon as I know, I will send out a mass email and/or text message to those affected (present 6th and 11th graders).

**Check out the webpage for more information.**



## 1st Annual PARADE OF BANDS

Tuesday, March 7  
6:30 p.m.

The 1st Annual All-Bands Concert will be held Tuesday, March 7th in the South Hamilton Gymnasium at 6:30 PM. This will feature the 5th Grade Band, 6th Grade Band, 7th & 8th Grade Band, and High School Band. There will be music performed by each group individually, as well as pieces performed by the groups together! We are looking forward to this new event, and we hope you will consider joining us!



# South Hamilton Elementary

**The start of something BIG!**



## IOWA ASSESSMENTS

Dear Parents,

During the first week of April your daughter or son will be taking the Iowa Assessments. These are standardized achievement tests that are taken by children all over the nation. (A copy of your child's test results will be sent home with their report card at the end of the year.) The main purpose of these tests is to provide the school with information that can be used to improve instruction and to help teachers make sound educational decisions about each student's learning. The scores allow teachers and parents to monitor each student's year-to-year growth and to identify each student's strongest and weakest areas of achievement.

The Iowa Assessment will cover many of the fundamental skills your child is learning in school: reading comprehension, language, and mathematics. In addition, we will be testing in the areas of social studies, science and sources of information.

The results from the test will not be used to grade students. However; teachers, counselors, and administrators will use the results to monitor students' learning of many of the important skills taught in school.

Students should be encouraged to do their best on these tests, as they should for all of their school activities. By making sure your child is properly rested and eats a nutritious breakfast daily, you can help your child have a positive testing experience.

Sincerely,  
Paul Hemphill



**15th ANNUAL CARNIVAL**  
South Hamilton Elementary  
Friday, March 31st  
5:30 – 8:00 p.m.

Don't forget to plan on attending the Elementary Carnival on April 1st. Raffle tickets will be sold prior to the carnival, by the students. There will be a Silent Auction, games, and many fun activities for the kids. This is the Elementary Booster Club's major fundraising event of the year, so we hope to see all of you there!!!!!!

## PREP-KINDERGARTEN/KINDERGARTEN ROUND-UP

Parents of children who will be 5 years old by September 15, 2017 are encouraged to attend Pre-K/ Kindergarten Round-up on Tuesday, March 7th at 6:00 p.m. in the South Hamilton Elementary building. Kindergarten teachers Cindy Riedemann, Missy Coy; Prep-K teacher Sonia Heins; school nurse, Vicki Olthoff; and Elementary Principal Paul Hemphill will present various forms of information to parents and to answer questions that will help them prepare for the new school year. To make sure your child is registered call the elementary office at 515-827-5096. Help spread the word about registering by reminding other parents of children who will be 5 by September 15, 2017. Thank you.

### **IS PREP-KINDERGARTEN FOR MY CHILD?**

To qualify for Prep-Kindergarten, your child must be five by September 15, 2016. (This is the same requirement for Kindergarten.) Sometimes students with late spring or summer birthdays benefit from the Prep-Kindergarten option. Consider Prep-K for your child based on readiness skills, and at the recommendation from your child's preschool teacher. We work with letters and sounds, writing, numbers, and other Kindergarten skills (listening, participating, following directions). Please plan to attend the Prep-Kindergarten/Kindergarten Round-up on Tuesday March 22nd at 6:00 p.m. Many questions will be answered, and you will have the opportunity to speak with both Prep-K and Kindergarten teachers.

Sonia Heins  
Prep-K/Kindergarten Teacher

## Monthly Tips for Parents. . . . .

### Second and Third Graders Reading Milestones

**At this stage, children make meaning when reading by relating new information to what they already know.** For instance, when reading an informational book about sharks, a child may try to picture the sharks he's seen in books and in the aquarium to help him understand a new piece of information such as sharks actually have two sets of teeth. Children who have been read to a lot and who have had many opportunities to discuss ideas with their parents usually have a lot of knowledge about many topics. This background knowledge helps them to understand what they read.

**Your second or third grader still uses “decoding” skills to sound out some words.** Most children at this age recognize many words by sight, and this helps them be fluent readers. At the same time, all second and third graders still need to have the “decoding” skills necessary for sounding out the long, unfamiliar words they encounter in books. They also use these decoding skills to help them spell words.

**Most second and third graders are becoming smoother, more efficient, more fluent readers.** They begin to read faster, to read in meaningful phrases as opposed to word-by-word, and to read with greater expression. Their reading begins to resemble normal speech. Becoming a fluent reader is important because fluent readers tend to read more on their own and tend to understand more of what they read.

**Reading a lot independently helps your second or third grader become fluent.** When they read on their own, children not only increase their reading fluency, but they learn new vocabulary words, learn about different ways of telling stories and presenting information, and gain exposure to new concepts and information.

**Readers and writers develop different strategies for reading fiction and nonfiction.** Second and third graders learn that nonfiction text has a different structure from fiction. Nonfiction is also often more difficult to comprehend because it presents so many new facts and ideas. To help them understand nonfiction text, children learn specific strategies in school such as previewing the table of contents, the chapter headings, and the words in bold letters. They also learn to slow their reading pace if they need to and to read the captions below pictures in the text to help them.

**There is a wide range of reading levels in second and third grade.** Even among children who are not experiencing difficulty in reading, there is a wide range of reading abilities at this age. Some children will read books typical of their age, while others will be able to read books above their grade level. Children who are still struggling to read fluently in third grade may need extra help or some testing to pinpoint the source of the difficulty.

### Encouraging Your Second & Third Grader

- **Make sure your child chooses appropriate books to read by herself.** For independent reading, children should be encouraged to read books that they can read fluently, or smoothly, and can understand well by themselves. A good way to tell if a book is at an appropriate level for your child is to listen to her reading a full page aloud. If she reads smoothly, makes no errors or just a couple of errors in reading the words, and can tell you about what she read, then the book is probably at a “just right” level for her. If her reading sounds choppy, she struggles to read words, or she does not understand what she has read, try an easier book.
- **Help your child develop an independent reading routine that will last a lifetime.** Many second- and third-grade teachers make 20 to 30 minutes of independent reading a regular part of homework because it is important for children's reading development. If your child's teacher requires quiet reading as homework, help your child “budget” his time and figure out when he will complete it. Many children enjoy doing their free reading at a particular time and in a special spot in the house, whether it is on their bed or in the living room. If your child's teacher does not require independent reading, you might make it an expectation in your house.
- **Help your child discover the resources available in your local library.** When children at this age visit the library regularly, they get valuable assistance in finding new books to read. They also begin to see libraries as a source of information about topics that interest them. They may also even learn some specific library skills, such as how to look up a title on a computerized catalog.
- **Show your child that you are a reader by reading yourself.** When children see that their parents choose to read, they are more likely to value and enjoy reading themselves. One way busy parents can accomplish this goal is to read at the same time their children read as part of their homework. Whether you read the newspaper, a good novel, a magazine, or some papers for work, just reading alongside your child will encourage him/her to keep on reading.
- **Listen to your child read to help him develop fluency.** Children become fluent readers through lots and lots of practice. Make it a point to listen to your child read to you every so often. If your child makes a mistake when reading, encourage him to try and fix it himself by asking, “Did that make sense?” or “Should you reread that part?” To help your child read with greater expression and fluency, try reading and rereading plays and poetry together.

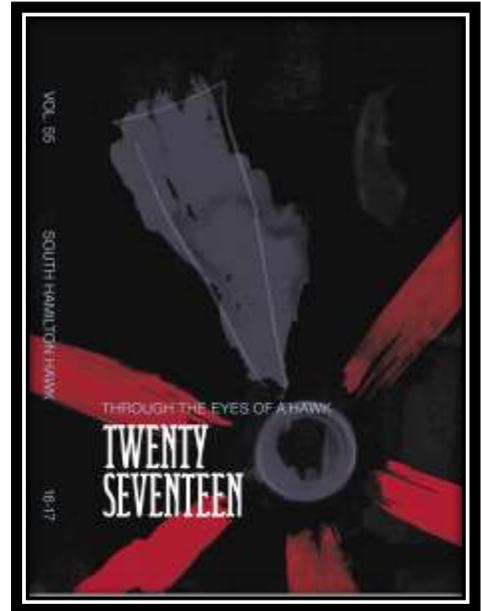
# 2016-17 Yearbook Order Form

ALL **COLOR** YEARBOOK! The book will have 128 pages in color again this year. We are looking at some special features and items—the biggest still being all color. We will only be ordering 150 books this year so get your order in early, we sold out early last year, so don't wait.

The cost of this year's yearbook is **\$50**. The theme for this year's book is **THROUGH THE EYES OF A HAWK**.

To order a book, please complete the form below and mail it with your payment to... (*Make checks payable to South Hamilton High School*)

**South Hamilton High School  
Mr. Rusty Wintermote, Yearbook  
315 Division Street  
Jewell, IA 50130**



You may also bring your order to the office at either the elementary or high school building.

Name: \_\_\_\_\_

Address: \_\_\_\_\_

Phone Number: \_\_\_\_\_

Child's Name: \_\_\_\_\_ Grade: \_\_\_\_\_

I have enclosed \$ \_\_\_\_\_ for (no.) \_\_\_\_\_ yearbooks at \$50 each.

If you are interested in having your yearbook personalized with your name, please add \$5 to your total.

If you have any questions, please call the school 515.827.5418 and ask for Rusty Wintermote. Thank you for your order and continued support.

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FOR YEARBOOK STAFF USE ONLY:

Receipt Number: \_\_\_\_\_

Check Number: \_\_\_\_\_

**ATTENTION PARENTS!  
KINDERGARTEN 2017-2018**

If you have a child(ren) who will be 5 years old by September 15, 2017, please fill out the information below and return to the elementary either by mail: South Hamilton Elementary, 315 Division St., Jewell, IA 50130; or with your older child. Your help is appreciated. If you have already contacted the school, please disregard.

**Child's Name:** \_\_\_\_\_ **Birthdate:** \_\_\_\_\_

**Parent's Name:** \_\_\_\_\_

**Address:** \_\_\_\_\_

**City:** \_\_\_\_\_

**Phone Number:** \_\_\_\_\_



**4-YEAR OLD PRESCHOOL 2017-2018**



South Hamilton Community School will be running a 4-year old preschool program for the 2017-2018 school year. Students must be 4 years old by September 15, 2017 to qualify. If you are a resident of the South Hamilton School District and have a child you would like to enroll please contact the Elementary School at 515-827-5096 or you may fill out the form below and mail to: South Hamilton Elementary, 315 Division St., Jewell, IA 50130. *We have scheduled a Preschool Meet & Greet on Tuesday March 21st from 5:00 – 6:00 for Parents and Children to come and meet the Preschool staff and see the classroom. This will be a “Come and Go” event. Looking forward to meeting you there!!!*

**Child's Name:** \_\_\_\_\_ **Birthdate:** \_\_\_\_\_

**Parent's Name:** \_\_\_\_\_

**Address:** \_\_\_\_\_

**City:** \_\_\_\_\_

**Phone Number:** \_\_\_\_\_

## MARCH 2017 ELEMENTARY MENU

<p><b>MARCH 2017 ELEMENTARY MENU</b></p>	<p>READ ACROSS AMERICA</p> <p>1ST-Dress like your favorite story book character 2nd - Summer Theme 3rd- Pop into a Good Book</p> <p>All Lunches include a salad bar with fresh fruit and vegetables. Skim White Milk and Skim Choc Milk are also available daily with lunches.</p>	<p>READ ACROSS AMERICA</p> <p>1 2 Hour Late Start No Breakfast</p> <p>Fish Shapes Scalloped Potatoes Biscuit w/ Jelly</p> <p>Alt: Pull Aparts Cheesy Bread</p>	<p>READ ACROSS AMERICA SUMMER THEME</p> <p>2 Breakfast: Breakfast Sandwich</p> <p>Picnic in the Lunch Room Uncrustable PBJ Chips Sliced Apples/Baby Carrots Cookie</p> <p>No Alternate Today</p>	<p>READ ACROSS AMERICA 3 Breakfast: Long John</p> <p>Pizza Crunchers Corn Caesar Salad Fresh Fruit and Veggies</p> <p>Alt: Cook's Choice</p>
<p>6 Breakfast: Breakfast Apple Fruedel</p> <p>Deli Sub Cup of Soup Pineapple Tidbits/Sliced Apples Fresh Fruit and Vegetables</p> <p>Alt: Tater Tot Casserole w/ Breadstick</p>	<p>7 Breakfast: Breakfast Pizza</p> <p>Turkey Gravy over Biscuit Green Bean Casserole Fresh Fruit and Veggies Pumpkin Custard</p> <p>Alt: Beefburger</p>	<p>8 Breakfast: Cereal w/ Toast</p> <p>Walking Taco Shredded Romaine Lettuce Diced Tomatoes/Salsa Churro</p> <p>Alt: Turkey Pot Pie</p>	<p>9 Breakfast: French Toast</p> <p>Goulash Peas Tossed Salad Garlic Toast</p> <p>Alt: Chicken and Cheese Crispito</p>	<p>10 Breakfast: Long John</p> <p>Mozz Cheese Sticks Marinara Sauce Corn/Spinach Salad Frozen Strawberries w/ Bananas</p> <p>Alt: Cook's Choice</p>
<p>SPRING BREAK</p>	<p>SPRING BREAK</p>	<p>SPRING BREAK</p>	<p>SPRING BREAK</p>	<p>SPRING BREAK</p>
<p>20 Breakfast: Breakfast Cookie</p> <p>First Day of Spring</p> <p>Crispy Chicken on a Bun Sweet Potato Fries Coleslaw Fresh Fruit and Veggies</p> <p>Alt: Fish Taco</p>	<p>21 Breakfast: Pancakes</p> <p>Flying Saucer Chilled Pears Spinach Salad Fresh Fruit and Veggies Homemade Bread</p> <p>Alt: Tuna Noodle Casserole</p>	<p>22 Breakfast: Cereal w/ Toast</p> <p>Crispito Refried Beans/Taco Toppings Tortilla Chips Peanut Butter Crunch Bar Fruit cocktail</p> <p>Alt: Hot Ham and Cheese</p>	<p>23 Breakfast: Breakfast Sandwich</p> <p>Corn Dog French Fries Fresh Fruit and Veggies Angel Food Cake w/ Frozen Strawberries</p> <p>Alt: Fish Sandwich</p>	<p>24 Breakfast: Long John</p> <p>Tomato Soup Toasted Cheese Mandarin Oranges w/ Pineapple Fresh Fruit and Veggies</p> <p>Alt: Cook's Choice</p>
<p>27 Breakfast: Breakfast Apple Fruedel</p> <p>Breaded Cheese Sticks w/ Marinara Sauce Mandarin Caesar Salad Oven Roasted Veggies WG Bread</p> <p>Alt: Mandarin Orange Chicken w/ Rice</p>	<p>28 Breakfast: Breakfast Pizza</p> <p>Pork Tenderloin Broccoli with Cheese Sauce Cucumber Salad Fresh Grapes</p> <p>Alt: Chicken Ranch Flatbread</p>	<p>29 Breakfast: Cereal w/ Toast</p> <p>Hot Dog/ Chili Dog Tri Tator Sliced Apples Angel Food Cake 2/ Frozen Strawberries</p> <p>Alt: Buffalo Bites</p>	<p>30 Breakfast: French Toast</p> <p>Soft Shell Taco Refried Beans Shredded Lettuce/Diced Tomatoes/Salsa Cinnamon Bread</p> <p>Alt Yogurt Parfait</p>	<p>31 Breakfast: Long John</p> <p>French Toast Sticks Egg Patty Spiced Apples Fresh Melon Fresh Fruits and Veggies</p> <p>Alt: Pizza Bites</p>

Alternative lunch selections are available for students in grades 4-12. Fruit and/or vegetable selections and low-fat milk are included with each meal. Nutritional analysis of menus is available by contacting: Terri Cook, Food Service Director @ 827-5418 or e-mail: [terri\\_cook@s-hamilton.k12.ia.us](mailto:terri_cook@s-hamilton.k12.ia.us) PLEASE BE AWARE THAT THE MENU MAY CHANGE AT ANY TIME DUE TO AVAILABILITY OF PRODUCT Please visit <http://southhamiltonschoolfoodservice.weebly.com/> for any menu changes

Iowa Non-Discrimination Statement:

"It is the policy of this CNP provider not to discriminate on the basis of race, creed, color, sex, sexual orientation, gender identity, national origin, disability, age, or religion in its programs, activities, or employment practices as required by the Iowa Code section 216.6, 216.7, and 216.9. If you have questions or grievances related to compliance with this policy by this CNP Provider, please contact the Iowa Civil Rights Commission, Grimes State Office building, 400 E. 14<sup>th</sup> St. Des Moines, IA 50319-1004; phone number 515-281-4121, 800-457-4416; website: <https://icrc.iowa.gov/>."

## MARCH 2017 HIGH SCHOOL MENU

<b>MARCH 2017 HIGH SCHOOL MENU</b>		<p>READ ACROSS AMERICA</p> <p>1 2 Hour Late Start No Breakfast</p> <p>Ham and Scaloped Potatoes Fruit and Veggies Biscuit w/ Jelly</p> <p>Alt: Pull Aparts Cheesy Bread</p>	<p>READ ACROSS AMERICA SUMMER THEME</p> <p>Breakfast: Breakfast Sandwich</p> <p>2 BBQ Pork Sandwich Pasta Salad Baked Beans Fresh Fruit and Veggies</p> <p>Alt: Weiner Wink</p>	<p>READ ACROSS AMERICA</p> <p>Breakfast: Long John</p> <p>3 Bosco Cheese Sticks Marinara Sauce Roasted Sugar Snap Peas Peaches w/ Cottage Cheese Fresh Fruits and Veggies Pumpkin Bars \ Alt: General Tso w/ Rice</p>
<p>6 Breakfast: Breakfast Apple Frudel</p> <p>Deli Sub Cup of Soup Sliced Apples w/ Caramel Sauce/Pineapple Tidbits Fresh Fruit and Vegetables</p> <p>Alt: Tater Tot Casserole w/ Breadstick</p>	<p>7 Breakfast: Breakfast Pizza</p> <p>Turkey Gravy over Biscuit Green Bean Casserole Fresh Fruit and Veggies Pumpkin Custard</p> <p>Alt: Beefburger</p>	<p>8 Breakfast: Cereal w/ Toast</p> <p>Walking Taco Shredded Romaine Lettuce Diced Tomatoes/Salsa Churro</p> <p>Alt: Turkey Pot Pie</p>	<p>9 Breakfast: French Toast</p> <p>Goulash Seasoned Peas Tossed Salad Garlic Toast</p> <p>Alt: Buffalo Chicken Crispito</p>	<p>10 Breakfast: Long John</p> <p>Mozz Cheese Sticks Marinara Sauce Corn/Spinach Salad Frozen Strawberries w/ Bananas</p> <p>Alt: Cook's Choice</p>
SPRING BREAK	SPRING BREAK	SPRING BREAK	SPRING BREAK	SPRING BREAK
<p>20 Breakfast: Breakfast Cookie</p> <p>First Day of Spring</p> <p>Crispy Chicken on a Bun Sweet Potato Fries Coleslaw Fresh Fruit and Veggies</p> <p>Alt: Fish Taco</p>	<p>21 Breakfast: Pancakes</p> <p>Flying Saucer Chilled Pears Spinach Salad Fresh Fruit and Veggies Homemade Bread</p> <p>Alt: Tuna Noodle Casserole</p>	<p>22 Breakfast: Cereal w/ Toast</p> <p>Crispito Refried Beans/Taco Toppings Tortilla Chips Peanut Butter Crunch Bar Fruit cocktail</p> <p>Alt: Hot Ham and Cheese</p>	<p>23 Breakfast: Breakfast Sandwich</p> <p>Corn Dog French Fries Fresh Fruit and Veggies Angel Food Cake w/ Frozen Strawberries</p> <p>Alt: Fish Sandwich</p>	<p>24 Breakfast: Long John</p> <p>Tomato Soup Toasted Cheese/ Crackers Mandarin Oranges w/ Pineapple Fresh Fruit and Veggies</p> <p>Alt: Cook's Choice</p>
<p>27 Breakfast: Breakfast Apple Frudel</p> <p>Breaded Cheese Sticks w/ Marinara Sauce/Mandarin Caesar Salad Oven Roasted Veggies WG Bread</p> <p>Alt: Mandarin Orange Chicken w/ Rice</p>	<p>28 Breakfast: Breakfast Pizza</p> <p>Pork Tenderloin Broccoli with Cheese Sauce Cucumber Salad Fresh Grapes</p> <p>Alt: Chicken Ranch Flatbread</p>	<p>29 Breakfast: Cereal w/ Toast</p> <p>Hot Dog/ Chili Dog Tri Tator Sliced Apples Angel Food Cake 2/ Frozen Strawberries</p> <p>Alt: Buffalo Bites</p>	<p>30 Breakfast: French Toast</p> <p>Soft Shell Taco Refried Beans Shredded Lettuce/Diced Tomatoes/Salsa Cinnamon Bread</p> <p>Alt Yogurt Parfait</p>	<p>31 Breakfast: Long John</p> <p>French Toast Sticks Omelet Muffin Fresh Melon Fresh Fruits and Veggies</p> <p>Alt: Pizza Bites</p>

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[USDA Nondiscrimination Statement](#)

March 2017						
Sun	Mon	Tue	Wed	Thu	Fri	Sat
			<b>1</b> 2-Hr Late Start/Tchr PD	<b>2</b> All Iowa Honor Dance HOIAC Fine Arts Festival @ Greene Co DARE Graduation	<b>3</b> All Iowa Honor Dance	<b>4</b> All Iowa Honor Dance FFA District Contest @ Riceville South High Pride BB Tournament
<b>5</b> Night of Dance 5:00-6:15pm Meal 6:30pm Show	<b>6</b> 7:00pm FFA Meeting	<b>7</b> 6:00pm Kdkg Roundup 6:30pm 5-12 Gr Parade of Bands Concert	<b>8</b>	<b>9</b>	<b>10</b> State Individual Speech	<b>11</b> State Individual Speech
<b>12</b>	<b>13</b> Spring Break 3:00pm TR-G V @ ISU	<b>14</b> Spring Break 3:00pm TR-B V @ ISU	<b>15</b> Spring Break	<b>16</b> Spring Break	<b>17</b> Spring Break	<b>18</b>
<b>19</b>	<b>20</b> 6:00pm School Board Mtg	<b>21</b> 5:00-6:00pm Preschool Meet and Greet	<b>22</b>	<b>23</b>	<b>24</b> End of 3rd Qtr 7:00pm Spring Play	<b>25</b> 7:00pm Spring Play
<b>26</b>	<b>27</b> 1st Day of 4th Qtr 4:30pm TR-GB JV/V @ Greene Co	<b>28</b>	<b>29</b>	<b>30</b>	<b>31</b> 5:30pm-8:00pm Elementary Carnival	<b>Notes:</b>

For the most updated schedule of events please visit our website ([www.s-hamilton.k12.ia.us](http://www.s-hamilton.k12.ia.us)) and select the Calendar tab on the home page then HOIAC Activity Calendar