

**FOOD & NUTRITION MANAGEMENT
SOUTH HAMILTON COMMUNITY SCHOOLS**

PLACE
CHILD'S
PICTURE
HERE

EMERGENCY HEALTH CARE PLAN

ALLERGY TO: _____

Student's name: _____ **Grade:** _____

Teacher: _____

ASTHMATIC: YES* **NO** ***high risk for severe reaction**

SIGNS OF ALLERGIC REACTION INCLUDE:

SYSTEMS:	SYMPTOMS:
MOUTH	Itching & swelling of lips, tongue, mouth
THROAT	Itching or tightness in throat, hoarseness, cough
SKIN	Hives, itchy rash, swelling fact/extremities
GUT	Nausea, cramping, vomiting, diarrhea
LUNG	Shortness of breath, coughing, wheezing
HEART	"thready" pulse, passing-out

ACTION: THE SEVERITY OF THE SYMPTOMS CAN CHANGE QUICKLY AND MAY PROGRESS TO A LIFE-THREATENING SITUATION!

To be completed by physician:

If ingestion/inhalation is expected give:

And _____

immediately. (Please insert medication/dose/route)

1. Call Rescue Squad – 911. Request epinephrine? Yes No

2. Call Dr. _____ Telephone _____

Drs. Signature: _____

Date _____

TO BE COMPLETED BY PARENTS:

MOTHER'S TELEPHONE: (HOME) _____ (WORK) _____ (CELL) _____

FATHER'S TELEPHONE: (HOME) _____ (WORK) _____ (CELL) _____

TO BE COMPLETED BY SCHOOL:

EMERGENCY CONTACTS:		TRAINED STAFF MEMBERS:	
Name	phone number:	Name	Room No.
1		1	
2		2	
3		3	

For children with multiple allergies, please use one form for each allergy.