

Check the box in front of food groups that should NOT be served and list the foods to be served instead.

<p>Lactose/milk – Do not serve the items checked below:</p> <p>Fluid milk as a beverage or on cereal? ¼ cup of fluid milk to be used on cereal? __yes __no</p> <p>Milk based desserts such as ice cream and pudding</p> <p>Hot entrees with cheese as a prime ingredient such as grilled cheese, cheese pizza, or macaroni & cheese</p> <p>Cheese baked in products such as a casserole or on meat pizza</p> <p>Cold cheese such as string cheese or sliced cheese on a sandwich</p> <p>Milk in food products such as breads, mashed potatoes, cookies or graham crackers</p>	<p>SERVE THESE ITEMS INSTEAD:</p>
<p>Soy - Do not serve the items checked below:</p> <p>Protein products extended with soy</p> <p>Processed items cooked in soy oil</p> <p>Food products with soy as one of the first three ingredients</p> <p>Food products with soy listed as the fourth ingredient or further down the list</p>	<p>SERVE THESE ITEMS INSTEAD:</p>
<p>Egg - Do not serve the items checked below:</p> <p>Cooked eggs such as scrambled eggs or hard cooked eggs served hot or cold</p> <p>Eggs used in breading or coating of products</p> <p>Baked products with eggs such as breads or desserts</p>	<p>SERVE THESE ITEMS INSTEAD:</p>
<p>Seafood – Do not serve the items checked below:</p> <p>Fish</p> <p>Shrimp</p> <p>Crab</p> <p>Oysters</p> <p>Other: _____</p>	<p>SERVE THESE ITEMS INSTEAD:</p>
<p>Peanuts – Do not serve the items checked below:</p> <p>Peanuts, individually or as an ingredient</p> <p>Foods containing peanut oil</p> <p>Foods items identified as manufactured in a plant that also handles peanuts</p>	<p>SERVE THESE ITEMS INSTEAD:</p>
<p>Tree nuts – Do not serve the items checked below:</p> <p>All nuts</p> <p>Food items identified as manufactured in a plant that also handles nuts</p> <p>Other: _____</p>	<p>SERVE THESE ITEMS INSTEAD:</p>
<p>Wheat – Do not serve the items checked below:</p> <p>Foods containing wheat</p> <p>Foods containing gluten</p> <p>Other: _____</p>	<p>SERVE THESE ITEMS INSTEAD:</p>