

# SOUTH HAMILTON COMMUNITY SCHOOLS

Ken Howard, Superintendent



April 2017

www.s-hamilton.k12.ia.us 515-827-5418

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## **FROM THE SUPERINTENDENT. . . . .**

Dear Hawk Nation,

Someone has to be “fooling” us to think it is already April 1st! As the weather turns warmer and the grass turns greener, it begins to pull all of us out of the winter doldrums and into the busy time of spring! During this time of year, there seems to be some school event every day of the week! I, like so many others, enjoy watching and supporting our students perform and compete in the various activities taking place throughout our school district. I am always amazed by the incredible array of talent - and just how well the students represent our many communities! It is another reason I am proud to be a Hawk!

As we head down the final backstretch of the school year, your continued support of your child’s learning will be even more critical. I realize students are counting the days until summer, but we have a lot of work and learning still to do! Please encourage them to stay focused their academics until the end of May. I know I had to often tell my own children that we were not at the end of school quite yet! Your support is so important to ensure the overall success of another positive school year.

## **CHANGES IN SCHOOL REGISTRATION**

There will be a change in format for the 2017-18 School Registration at South Hamilton. This year will mark the first year we will register our students and families online.

We will still offer dates and times to come to the school to register your students for classes, but when you arrive at the school, you will be provided a laptop. On this laptop, you will log into a special Infinite Campus online registration page. Instead of filling out contact information for your students on multiple sheets of paper by hand, you will now experience the convenience of verifying your information online. Our goal is go to paperless for a good portion of the registration process.

Also new this year, will be our ability to receive payments online via credit or debit card. This option will made available online only. We will not have terminals available at the school.

More information will be coming in the next few months, but for now, please watch the following video online that highlights the online registration process: <http://tinyurl.com/southhamiltonregistration>

It will be necessary for every family in our district to have at least one parent with an Infinite Campus portal account in order to complete registration. If you do not have an account, please contact Lori Ratzke [lori\\_ratzke@shhawks.com](mailto:lori_ratzke@shhawks.com)

**Lindsay Gelder**  
**7-12 Guidance Counselor**

**Junior Checklist**

- Compare your impressions of each college and rank them according to preferences.
- Begin searching for scholarships to see what you will be able to qualify for next year. Find out about scholarships that are offered by your place of worship, civic or business groups in career fields of interest to you.
- Register now for the June 10th ACT test.

**Senior Checklist**

- Compare the financial aid packages from the colleges to which you have been accepted.
- Decide which college you will attend. Send the required deposit, and sign and return the financial aid award letter, if required. Note other important deadlines (financial aid, student housing, orientation).
- Notify the other colleges where you applied that you will not be attending.
- If you are securing a student loan, complete the required promissory note.
- Continue to apply for scholarships.
- If you're currently enrolled in AP courses, consider taking the AP exams.
- File the Free Application for Federal Student Aid (deadline is June 30) and include the school you are attending.

**LOCAL SCHOLARSHIPS**

Local scholarship applications will be due April 17th to the counseling office. Please continue to monitor the web site for scholarships that you may qualify for.

**IOWA ASSESSMENTS**

All students in grades 7-11 will take the Iowa Assessments during seminar the week of April 3rd. Please get plenty of rest each night before and a healthy breakfast.

**COURSE REQUESTS FOR 2017-18 SCHOOL YEAR**

Registration that was scheduled for the week before spring break has been delayed until the week of April 10th. Students will select courses, put requests into Infinite Campus portal, and get a parent signature by Friday, April 28th.

**IOWA CENTRAL COURSE  
MANDATORY MEETING**

ANY student that wishes to take ANY Iowa Central course in the 2017-18 school year MUST attend a presentation on the benefits and potential consequences of taking college courses in high school. This meeting will occur on Monday, May 1 at 6:00 p.m. in the auditorium. Kelly Wirtz, director of Iowa Central Webster City Campus, will be here. Please bring a writing utensil.

**BAND & VOCAL CONCERTS**

April 27 - 5/6 Grade Band/Choir Concert  
@ 7:00pm

May 9 – High School Band/Choir Concert  
@ 6:30pm

May 16 - 7/8 Grade Band/Choir Concert @  
6:30pm



**PROM - APRIL 22, 2017**

***Hollywood - A Night In The Spotlight***

Plans for Prom 2017 are underway. If any community group, business, or individual would like to donate a “give away” item or money to help make the drug/alcohol free event be even more successful, you may bring your contribution to the high school or mail to:



South Hamilton High School  
Attn: Rusty Wintermote  
315 Division Street  
Jewell, IA 50130

Your past support has always been appreciated and a big thank you in advance for your help in making Prom 2017 a big success.



**HEART OF IOWA ACTIVITIES  
CONFERENCE  
2017 FINE ARTS FESTIVAL**

On Thursday, March 8th, Greene County High School hosted the 2017 Heart of Iowa Conference Fine Arts Festival. South Hamilton students attended in the areas of Visual Arts, Vocal Music and Instrumental Music represented South Hamilton.

The art students were Autyumn Olson, Brittany Spindler, Paxton Wicks, Ady Wintermote, and Nick Teig. Nick Teig received the Judges' Choice Award in Photography.



**2017 INDIVIDUAL SPEECH**

Nine South Hamilton students participates in Individual Speech this year:

- Storytelling-Anna Ervin, Josh Harms, Emily Willadsen
- Acting-Jenna Woodall
- Prose- Ashley De La Riva
- Poetry- Briana Willis, Gabbi Struchen
- Improv- Nolan Johnson
- Solo Musical Theatre- Hannah Burkhart

There were four who moved on to State: Emily Willadsen, Gabbi Struchen, Anna Ervin, and Briana Willis.

So proud of all the kids hard work and achievements! It was a great first year as a coach to these talented individuals!!

Special thanks to the parents, Gene Greenfield (bus driver), and Mindy Gray (for everything!)

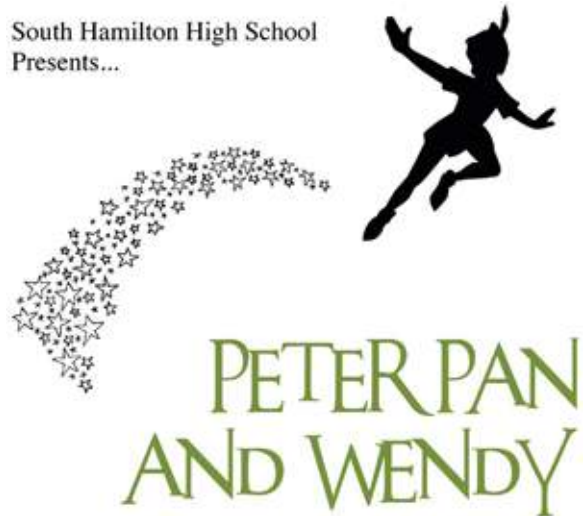
Big thanks to the students involved, for bearing with me on my first experience as an Individual Speech coach! I appreciate all your dedication!

Tracy Krumm

**SOUTH HAMILTON PRESENTS:  
PETER PAN AND WENDY**

Over 50 South Hamilton students enjoyed never growing up when they participated in the spring play, Peter Pan and Wendy, on March 24th & 25th. The auditorium came alive as Peter Pan, the Darling children, and the Lost Boys encountered mermaids, Neverland Natives, and pirates, including the notorious Captain Hook. Great job by all involved, both on and off stage!

South Hamilton High School  
Presents...



BY TRACY WELLS

Produced by special arrangement with Big Dog/Newman, Maier Publishing LLC, Rapid City, SD.

**SNOW MAKE-UP DAYS**

Friday, February 20

Friday, May 26

Tuesday, May 30

Wednesday, May 31



# South Hamilton Elementary

## 24<sup>th</sup> Annual Willis Welp Relays

### Wed., May 10<sup>th</sup>, 2017

(Rain Make-up Date Will Be Fri., May 12<sup>th</sup>)

Updates will be posted in the blog section of Coach Steines' Website:  
<https://sites.google.com/a/s-hamilton.k12.ia.us/shcoachsteines/>

**\*\*\* 10:30 A.M. OPENING CEREMONY IN THE ELEMENTARY GYM \*\*\***  
*\*Star Spangled Banner & Paper Dance Warmup will be performed at this time\**

**Field Events Will Begin At 10:35 A.M.**

#### Grades 1 – 6: ORDER OF FIELD EVENTS

	SHOE FLY	1 - 2 - X - X - X - X
	SOFTBALL THROW	2 - 1 - 3 - 4 - 5 - 6
*NEW	SOCCER PUNT	3 - 1 - 2 - 4 - 5 - 6
	FOOTBALL	6 - 3 - 1 - 2 - 4 - 5
	SHOT PUT	4 - 5 - 3 - 6 - X - X
	LONG JUMP INTO PIT	5 - 4 - 6 - 3 - 1 - 2
	FRISBEE THROW	5 - 6 - 4 - 3 - 1 - 2

**Break for lunch** – Students will eat sack lunch provided by the school. Refreshments will also be available at concession stand.

#### ORDER OF RUNNING EVENTS

**APROX. TIMES BELOW:** (EVENTS WILL GO 6B, 6G, 5B, 5G, 4B, 4G, 3B, 3G, 2B, 2G, 1B, 1G)

12:30	200 METER
12:50	100 METER
1:05	50 METER
1:20	* <u>KINDERGARTEN</u> 50 METER
1:25	* <u>KINDERGARTEN</u> FOOTBALL/SOFTBALL THROW
1:40	400 METER
1:55 *NEW	800 METER (*3 <sup>rd</sup> Grade - 6 <sup>th</sup> Grade <u>ONLY</u> )

#### RELAYS

2:10	SHUTTLE RELAY (* <u>KINDERGARTEN</u> - 6 <sup>th</sup> Grade*)
2:25	4X100 METER RELAY (*1 <sup>st</sup> Grade - 6 <sup>th</sup> Grade*)

- Students may wear their PE shoes to the track meet.
- Students are encouraged to wear their class t-shirt.
- All students will be entered into 3 events. This will be done during PE and students will be responsible for getting to their events on time. Students will rotate by grade level through the field events in the order listed above.
- All ribbons will be presented the following PE class.
- Students will be allowed to leave with parents after the relays are completely finished, and they have checked-out with classroom teacher.



# South Hamilton Elementary

**The start of something BIG!**



## **WILLIS WELP RELAYS**

Kindergarten through 6th Grade Track Meet

Dear South Hamilton Elementary Families,

The Willis Welp Relays are scheduled for Wed., May 10th, 2017, and will begin at 10:30 A.M. with our opening ceremony in our elementary gym (This is a scheduled 2-hour late start for teacher professional development.)

The rain date is also set for Fri., May 12th, 2017. 1st – 6th students participating in field events will compete before lunch, and then will finish running events and relays afterwards. Specific order of events, approximate times, and basic instructions are included on flyer.

We will begin practicing for the events the next few weeks in P.E. class outside weather permitting. (See tentative schedule below.) I ask for your flexibility and understanding. If you have any questions or comments, please contact me at the school (827-5096) or email me at:

[jeff\\_steines@s-hamilton.k12.ia.us](mailto:jeff_steines@s-hamilton.k12.ia.us) and check for updates on our PE website at:

<https://sites.google.com/a/s-hamilton.k12.ia.us/shcoachsteines/>

Thanks and look forward to seeing you all there!

Sincerely,  
Coach Steines



## **Scheduling practice for the different events in P. E.**

Week of April 17 - 21: Long jump, Shoe fly, Shot put, Football throw, Softball throw, Frisbee throw, Soccer punt

Week of April 24 – 28: 50M, 100M, 200M, 400M, 800M,

Week of May 1 - 5: Relay events: 4x100M, Shuttle Relay

Week of May 8 - 9: Review all events

## **FIFTH AND SIXTH GRADE BAND/VOCAL CONCERT**

Thursday, April 27, is the date for the fifth and sixth grade vocal and band concert. All students in these grades will participate in this performance which begins at 7pm. As parents, we hope that you will have your child here the evening of the concert. Attendance is very important, so we look forward to having ALL fifth and sixth grade students present. Thank you.  
Mrs. Gansen & Ms. Macdonald

## **UPCOMING EVENTS**

Week of April 3

Iowa Assessments

Get a good night's sleep and eat a good breakfast!

April 6TH

6th Grade to Springbrook

April 27th

5th & 6th Band/Vocal Concert

May 10th

Willis Welp Relays  
(Raindate is May 12th)



## WHAT LITERACY SKILLS DOES MY CHILD NEED AND HOW CAN I HELP MY CHILD DEVELOP THEM?

### *Birth to Pre-Kindergarten*

Babies listen, react, and play with sounds from the moment they are born. They babble, imitate, and try to talk. This is an important stage in literacy development. The more words and stories children hear during this time—in whatever language is spoken in the home—the easier it will be for them to learn to read and write in English later.

Young children love to listen. They love to hear their favorite books read aloud over and over. They ask “Why?” just so they can listen to you talk.

Young children love to talk. Once they discover that sounds have meaning, they learn new words very quickly and start to use them to interact with adults.

Young children love to read. They love to handle books and gradually they learn to read from front to back and left to right. Preschool children can begin to learn the alphabet, to recognize letters and to associate them with their sounds.

Young children love to write. They imitate what they see adults doing and learn to express their thoughts by scribbles and drawing.

What can you do at home?

Talk with your child:

- Talk about everyday things. Name objects your child sees.
- Talk about signs and labels, pointing out the words.
- Talk about pictures in books.
- Talk about TV shows or videos your child watches.
- Tell stories about your family, favorite memories, and past experiences.
- Sing songs.
- Teach nursery rhymes.
- Teach the alphabet song.
- Play pretend games.
- Describe what you are doing with words your child can use.



15th ANNUAL CARNIVAL  
South Hamilton Elementary  
Friday, March 31st  
5:30 – 8:00 p.m.

Don't forget to plan on attending the Elementary Carnival on March 31st.

Raffle tickets will be sold prior to the carnival, by the students.

There will be a Silent Auction, games, and many fun activities for the kids.

This is the Elementary Booster Club's major fundraising event of the year, so we hope to see all of you there!!!!!!

ATTENTION PARENTS!  
KINDERGARTEN 2017-18

If you have a child(ren) who will be 5 years old by September 15, 2017, please fill out the information below and return to the elementary either by mail: South Hamilton Elementary, 315 Division St., Jewell, IA 50130; or with your older child. Your help is appreciated. If you have already contacted the school, please disregard.

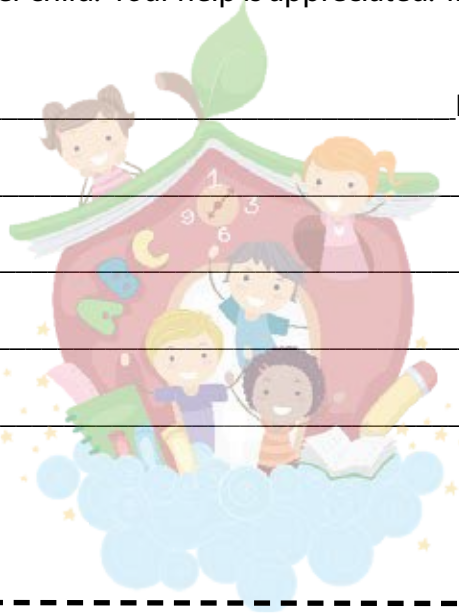
Child's Name: \_\_\_\_\_ Birthdate: \_\_\_\_\_

Parent's Name: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_

Phone Number: \_\_\_\_\_



4-YEAR OLD PRESCHOOL 2017-2018



South Hamilton Community School will be running a 4-year old preschool program for the 2017-2018 school year. There will be a morning session from 8:20 – 11:20 and an afternoon session from 12:25 – 3:25. Both sessions are held on Monday, Tuesday, Thursday and Friday. Students must be 4 years old by September 15, 2017 to qualify. If you are a resident of the South Hamilton School District and have a child you would like to enroll please contact the Elementary School at 515-827-5096 or you may fill out the form below and mail to: South Hamilton Elementary, 315 Division St., Jewell, IA 50130.

Child's Name: \_\_\_\_\_ Birthdate: \_\_\_\_\_

Parent's Name: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_

Phone Number: \_\_\_\_\_

# Early ACCESS

## **FOR INFANTS, TODDLERS AND FAMILIES**

*In Region 8 our beliefs will be realized when family/children service providers and community members work as partners to ensure that children and their families receive the support they need to achieve their dreams.*

### Program Overview

Early ACCESS, formerly known as Iowa's System of Early Intervention Services, is a partnership between families with young children, birth to age three, and providers from local Public Health, Human Services, Child Health Specialty Clinics, area education agencies (AEA), and other community programs. The purpose of this system is for families and staff to work together in identifying, coordinating and providing needed services and resources that will help the family to assist their infant or toddler to grow and develop.

### Age Requirements & Eligibility

An infant or toddler under the age of three (birth to age three) who:

- Has a condition or disability that is known to have a high probability of later delays if early intervention services were not provided, or
- Is already experiencing a 25 percent delay in one or more areas of growth or development.

### Services

The family and providers work together to identify and address specific family concerns and priorities as they relate to the child's overall growth and development. In addition, broader family needs and concerns can be addressed by locating other supportive services/resources in the local community for the family and/or child. All services to the child are provided in the child's natural environment including the home and other community settings where children of the same age without disabilities participate.

### Services required to be made available to children and families include:

- + Service Coordination,
- + Screenings, evaluation and assessment, and
- + Development and reviews of an "Individualized Family Service Plan" (IFSP)

### Other services, based upon individual needs, include:

- |                              |                           |
|------------------------------|---------------------------|
| • Assistive Technology       | • Physical Therapy        |
| • Audiology                  | • Psychology              |
| • Family/Training/Counseling | • Service Coordination    |
| • Health Services            | • Social Work             |
| • Medical Evaluations        | • Special Instruction     |
| • Nursing                    | • Speech Language Therapy |
| • Nutrition                  | • Vision                  |
| • Occupational Therapy       | • Transportation          |

### Costs

There are no costs to families for service coordination activities; for evaluation and assessment activities to determine eligibility or identify the concerns, priorities and resources of the family; or for development and reviews of the Individualized Family Service Plan. The service coordinator works with the family to determine costs and payment arrangements of other needed services. Some services may have charges or sliding fee scales or may be provided at no cost to families. Costs are determined by a variety of factors that are individualized to each child and family.

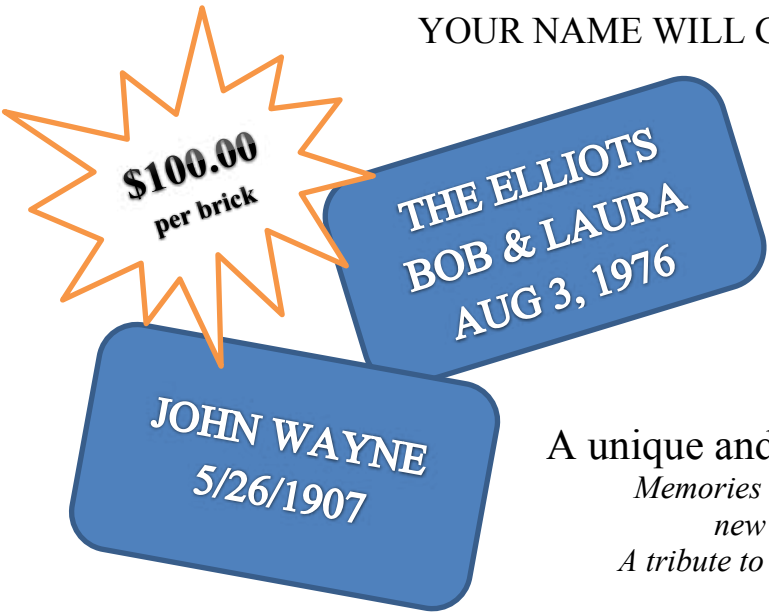
Where to apply: Families or providers can call Gale Randall, Early ACCESS Regional Liaison, in the Storm Lake office at 866-503-4636 ext. 2036 or 712-732-2257 ext. 2036, grandall@aea8.k12.ia.us.



South Hamilton Community School District Foundation's  
 "LEAVE A LEGACY"

*Campus Improvement Project*

YOUR NAME WILL GO DOWN IN HISTORY



**Individual Brick/Paver**

Your donation of **\$100** entitles YOU to have your name engraved into a brick/paver as a lasting record of your valued support. This will be permanently installed in the campus improvement project.

**A unique and lasting record of your support**

*Memories and milestones. Celebrate a wedding, new baby, birthday or anniversary. A tribute to someone special. A memorial to a loved one.*

Engraving details: The 4" x 8" paver allows for 3 lines of inscription, 13 characters per line (including punctuation & spaces). Please print clearly in block letters. Each square represents one letter, number, space or punctuation mark. (39 max)

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Simply fill out this form and return with full payment by check or money order to:

**South Hamilton Community School District Foundation**  
**315 Division Street**  
**Jewell, IA 50130**



Contact Name: \_\_\_\_\_

Address: \_\_\_\_\_

Phone: \_\_\_\_\_

Please photocopy and pass on to business associates and friends.  
**South Hamilton Community School District Foundation** appreciates your support!

## APRIL 2017 ELEMENTARY MENU

<p><b>APRIL 2017 ELEMENTARY MENU</b></p>	<p>All lunches include a salad bar with fresh fruits and vegetables.</p>			
<p>3 Breakfast: Apple Freudel</p> <p>Italian Dunkers Pasta Salad Mandarin Oranges/Pineapple Brownie</p> <p>Alt: Cook's Choice</p>	<p>4 Breakfast: Mini Pancakes</p> <p>Hamburger Potato Salad Baked Beans Watermelon</p> <p>Alt: Turkey BLT Wrap</p>	<p>5 Breakfast: Cereal w/ Toast</p> <p>Omelet with Cheese Sausage Patty Fresh Fruit Cinnamon Roll</p> <p>Alt: Chili w/ Cinnamon Roll</p>	<p>6 Breakfast: Cinnamon Roll</p> <p>Teriyaki Chicken Rice Oven Roasted Veggies Chilled Grapes Pumpkin Choc Chip Muffin</p> <p>Alt: Hawaii Flatbread</p>	<p>7 Breakfast: LongJohn</p> <p>Cheese Pizza Corn/Fresh Strawberries Spinach Salad Peach Crisp</p> <p>Alt: BBQ Pork on a Bun</p>
<p>10 Breakfast: Breakfast Pizza</p> <p>Walking Taco Taco Toppings Black Bean Salsa Cinnamon Bread</p> <p>Alt: Chef Salad</p>	<p>11 Breakfast: Breakfast Sandwich</p> <p>Popcorn Chicken Mashed Potatoes Fresh Strawberries Homemade Bread</p> <p>Alt: Meatloaf</p>	<p>12 Breakfast: Cereal w/ Toast</p> <p>Macaroni and Cheese Shrimp Poppers Oven Roasted Cauliflower Sliced Apples WG Bread</p> <p>Alt: Chicken Ranch Flatbread</p>	<p>13 Breakfast: Pancake Sausage Stick</p> <p>Pizza Crunchers Color of Italy Salad Blueberries Jello w/ Fruit</p> <p>Alt: Chicken and Cheese Crispito</p>	<p>14</p> <p>No School</p> 
<p>17 Breakfast: Apple Freudel</p> <p>Chicken Tenders Cheesy Hashbrowns Oriental Coleslaw Chilled Pears Trail Mix</p> <p>Alt: Taco Salad Bar</p>	<p>18 Breakfast: Mini Pancakes</p> <p>Pull Apart Cheesy Bread Grapes/Caesar Salad Cookie</p> <p>Alt: General Tso w/ Rice</p>	<p>19 2 Hour Late Start</p> <p>Pasta w/ Meat Marinara Sauce Green Beans Sliced Oranges Garlic Toast</p> <p>Alt: Pasta w/ Alfredo Sauce</p>	<p>20 Breakfast: French Toast</p> <p>Crispy Chicken on a Bun Pasta Salad Sliced Cucumbers Frozen Slushie Sidekick</p> <p>Alt: Chicken Caesar Wrap</p>	<p>21 Breakfast: Long John</p> <p>Straw Hat Baja Veggies Peaches w/ Cottage Cheese Churro</p> <p>Alt: Potato Bacon Soup w/ Breadstick</p>
<p>24 Breakfast: Breakfast Pizza</p> <p>Pizza Boat Seasoned Peas Tossed Salad Kiwi/Chilled Peaches</p> <p>Alt: Philly Steak w/ Onions and Peppers</p>	<p>25 Breakfast: Breakfast Sandwich</p> <p>Beef Tenders Mashed Potatoes Grapes/Baby Carrots Homemade Bread</p> <p>Alt: Chicken and Noodles over Mashed Potatoes</p>	<p>26 Breakfast: Cereal w/ Toast</p> <p>Grilled Chicken on a Bun Vegetable Medley Chilled Grapes Pumpkin Bar</p> <p>Alt: Taco Pizza</p>	<p>27 Breakfast: Pancake Sausage Stick</p> <p>Corn Dog French Fries Banana/Applesauce Cup Choc Chip Cookie</p> <p>Alt: Chicken Fajita Salad Bar</p>	<p>28 Breakfast: Long John</p> <p>Pork Tenderloin Broccoli w/ Cheese Sauce Fresh Fruit and Veggies</p> <p>Alt: Turkey BLT Wrap</p>

Alternative lunch selections are available for students in grades 4-12. Fruit and/or vegetable selections and low-fat milk are included with each meal. Nutritional analysis of menus is available by contacting: Terri Cook, Food Service Director @ 827-5418 or e-mail: [terri\\_cook@s-hamilton.k12.ia.us](mailto:terri_cook@s-hamilton.k12.ia.us) PLEASE BE AWARE THAT THE MENU MAY CHANGE AT ANY TIME DUE TO AVAILABILITY OF PRODUCT Please visit <http://southhamiltonschoolfoodservice.weebly.com/> for any menu changes

Iowa Non-Discrimination Statement:

"It is the policy of this CNP provider not to discriminate on the basis of race, creed, color, sex, sexual orientation, gender identity, national origin, disability, age, or religion in its programs, activities, or employment practices as required by the Iowa Code section 216.6, 216.7, and 216.9. If you have questions or grievances related to compliance with this policy by this CNP Provider, please contact the Iowa Civil Rights Commission, Grimes State Office building, 400 E. 14<sup>th</sup> St. Des Moines, IA 50319-1004; phone number 515-281-4121, 800-457-4416; website: <https://icrc.iowa.gov/>."

[USDA Nondiscrimination Statement](#)

## APRIL 2017 HIGH SCHOOL MENU

<p><b>APRIL 2017 HIGH SCHOOL MENU</b></p>	<p>All lunches include a salad bar with fresh fruits and vegetables.</p> <p>Grab and Go Options Daily: -Chef Salad -Uncrustable PBJ Pack -Yogurt Pack</p>			
<p>3 Breakfast: Sausage Gravy w/ Biscuit</p> <p>Italian Dunkers Pasta Salad Mandarin Oranges/Pineapple Brownie</p> <p>Alt: Baked Chicken w/ Wild Rice</p>	<p>4 Breakfast: Breakfast Roller w/ Hashbrown</p> <p>Cheeseburger on Pretzel or Regular Hamburger Bun Potato Salad Baked Beans Watermelon</p> <p>Alt: Turkey BLT Wrap</p>	<p>5 Breakfast: Cereal w/ Toast</p> <p>Chili Baby Carrots/Applesauce Cinnamon Roll</p> <p>Alt: Cheddarwust w/ Cinnamon Roll</p>	<p>6 Breakfast: Cinnamon Roll</p> <p>Teriyaki Chicken Rice Oven Roasted Veggies Chilled Grapes Pumpkin Choc Chip Muffin</p> <p>Alt: Hawaii Flatbread</p>	<p>7 Breakfast: LongJohn</p> <p>BBQ Pork Sandwich Tri Tator Fruit Cocktail Peach Crisp</p> <p>Alt: Breakfast Sandwich on a Biscuit (Omelet w/ Cheese)</p>
<p>10 Breakfast: Omelet w/ Sausage Patty</p> <p>Burrito Bowl w/ Chicken Fajita Meat or Spicy Beef. Baja Veggies/Peaches Tortilla Chips/Mexican Rice Cinnamon Bread</p> <p>Alt: Chef Salad</p>	<p>11 Breakfast: Breakfast Sandwich</p> <p>Popcorn Chicken Mashed Potatoes Gravy Fresh Strawberries Homemade Bread</p> <p>Alt: Meatloaf</p>	<p>12 Breakfast: Cereal w/ Toast</p> <p>Macaroni and Cheese Shrimp Poppers Oven Roasted Cauliflower Sliced Apples WG Bread</p> <p>Alt: Chicken Ranch Flatbread</p>	<p>13 Breakfast: Pancake Sausage Stick</p> <p>Pizza Crunchers Color of Italy Salad Blueberries Jello w/ Fruit</p> <p>Alt: Buffalo Chicken Crispito</p>	<p>14</p> <p>No School</p> 
<p>17 Breakfast: Sausage Gravy w/ Biscuit</p> <p>Chicken Tenders Cheesy Hashbrowns Oriental Coleslaw Chilled Pears Trail Mix</p> <p>Alt: Taco Salad Bar</p>	<p>18 Breakfast: Breakfast Roller w/ Hashbrown</p> <p>General Tso Rice Fortune Cookie Mandarin Oranges/Pineapple Potato Bread</p> <p>Alt: Cook's Choice</p>	<p>19 2 Hour Late Start</p> <p>Pasta w/ Meat Marinara Sauce Green Beans Sliced Oranges Garlic Toast</p> <p>Alt: Pasta w/ Alfredo Sauce</p>	<p>20 Breakfast: French Toast</p> <p>Mr. Rib Tri Tator/Pasta Salad Applesauce</p> <p>Alt: Chicken Caesar Wrap</p>	<p>21 Breakfast: Long John</p> <p>Straw Hat Baja Veggies Peaches w/ Cottage Cheese Churro</p> <p>Alt: Potato Bacon Soup w/ Breadstick</p>
<p>24 Breakfast: Omelet w/ Sausage Patty</p> <p>Pizza Boat Seasoned Peas Tossed Salad Kiwi/Chilled Peaches</p> <p>Alt: Philly Steak w/ Onions and Peppers</p>	<p>25 Breakfast: Breakfast Sandwich</p> <p>Beef Tenders Mashed Potatoes Grapes/Baby Carrots Homemade Bread</p> <p>Alt: Chicken and Noodles over Mashed Potatoes</p>	<p>26 Breakfast: Cereal w/ Toast</p> <p>Grilled Chicken on a Bun Vegetable Medley Chilled Grapes Pumpkin Bar</p> <p>Alt: Taco Pizza</p>	<p>27 Breakfast: Pancakes</p> <p>Corn Dog French Fries Banana/Applesauce Cup Choc Chip Cookie</p> <p>Alt: Chicken Fajita Salad Bar</p>	<p>28 Breakfast: Long John</p> <p>Pork Tenderloin Broccoli w/ Cheese Sauce Fresh Fruit and Veggies</p> <p>Alt: Turkey BLT Wrap</p>

Alternative lunch selections are available for students in grades 4-12. Fruit and/or vegetable selections and low-fat milk are included with each meal. Nutritional analysis of menus is available by contacting: Terri Cook, Food Service Director @ 827-5418 or e-mail: [terri\\_cook@s-hamilton.k12.ia.us](mailto:terri_cook@s-hamilton.k12.ia.us) PLEASE BE AWARE THAT THE MENU MAY CHANGE AT ANY TIME DUE TO AVAILABILITY OF PRODUCT Please visit <http://southhamiltonschoolfoodservice.weebly.com/> for any menu changes

Iowa Non-Discrimination Statement:

"It is the policy of this CNP provider not to discriminate on the basis of race, creed, color, sex, sexual orientation, gender identity, national origin, disability, age, or religion in its programs, activities, or employment practices as required by the Iowa Code section 216.6, 216.7, and 216.9. If you have questions or grievances related to compliance with this policy by this CNP Provider, please contact the Iowa Civil Rights Commission, Grimes State Office building, 400 E. 14<sup>th</sup> St. Des Moines, IA 50319-1004; phone number 515-281-4121, 800-457-4416; website: <https://icrc.iowa.gov/>."

[USDA Nondiscrimination Statement](#)

April 2017						
Sun	Mon	Tue	Wed	Thu	Fri	Sat
						<b>1</b> IHSMMA State Solo & Small Ensemble Band & Vocal Festival
<b>2</b> Speech Banquet	<b>3</b> Iowa Assessments Gr 2-11	<b>4</b> Iowa Assessments Gr 2-11 4:30pm TR-G/B V @ Gilbert	<b>5</b> Iowa Assessments Gr 2-11	<b>6</b> Iowa Assessments Gr 2-11 4:30pm TR-G/B V (H)	<b>7</b> Iowa Assessments Gr 2-11 HS Music Trip-Chicago	<b>8</b> ACT Test HS Music Trip-Chicago
<b>9</b> HS Music Trip-Chicago	<b>10</b> State FFA Convention 2:00pm Golf-B V @ Bondurant-Farrar 4:30pm TR-G/B 7/8 (H) 6:00pm School Board Mtg	<b>11</b> State FFA Convention 4:30pm TR-G/B V @ Manson NW Webster	<b>12</b>	<b>13</b> 4:00pm Golf-B V @ Grand View Christian 4:00pm Golf-B JV @ Nevada 4:00pm Golf-G V (H) 4:30pm TR-G/B 7/8 @ CMB	<b>14</b> No School-Good Friday 4:00 pm Golf-G/B V @ Gilbert	<b>15</b>
<b>16</b>	<b>17</b> 2:00pm Golf-B V @ W Marshall 4:30pm TR-G V @ Gilbert	<b>18</b> 2:00pm Golf-G V @ W Marshall 4:00pm Golf-B V @ R-S 4:30pm TR-G/B 7/8 @ SE Valley 5:00pm TR-B V @ Ballard	<b>19</b> 2-Hr Late Start/Tchr PD 5:30pm College Planning Night - Soph. 6:30pm Financial Aid Night Juniors	<b>20</b> Special Olympics-Track/Field @ FL Dodge 4:00pm Golf-G JV/V @ R-S 4:30pm TR-G V @ CMB 5:00pm TR-B V (H)	<b>21</b> 6th grade Springbrook 4:30pm TR-G/B 7/8 @ R-S	<b>22</b> 9:00am Golf-B V @ Lake Panorama Prom
<b>23</b>	<b>24</b> 4:00pm Golf-B V (H) 4:00pm Golf-G V @ St Edmond 4:30pm TR-B V @ Gilbert	<b>25</b> 4:00pm Golf-B V @ N Polk 4:30pm TR-G V (H)	<b>26</b>	<b>27</b> 1:00pm Golf-G V @ PCM 2:00pm Golf-B V @ Nevada 4:30pm TR-G/B 7/8 @ Gilbert 5:00pm TR-B JV/V @ R-S 7:00pm 5/8 Gr Spring Music Concert	<b>28</b> 5th grade Omaha Zoo 4:00pm Golf-B JV (H) 5:00pm TR-G V @ Ballard	<b>29</b>
<b>30</b> 6:00pm FFA Banquet	<b>Notes:</b>					

For the most updated schedule of events please visit our website ([www.s-hamilton.k12.ia.us](http://www.s-hamilton.k12.ia.us)) and select the Calendar tab on the home page then HOIAC Activity Calendar